

DENTAL HISTORY FORM

Thank you for downloading our comprehensive Dental History Form!

This form represents an important adjunct to your dental exam because it not only creates improved oral literacy but acts as a system checker. Understanding the *why* behind each question and what it means for patient risk management will fundamentally change your practice and elevate the dental experience for your patients. Every single question has been carefully created and incorporates annually updated research, patient psychology, neurology, and pharmacology. This form is the foundation of a systematic approach to examining patients that works 100% of the time in 100% of patients in the practice. The binary layout of the questions takes emotion out of the patient risk assessment allowing for scientifically supported facts to supply successful, predictable, repeatable outcomes for both simple and complex restorative cases.

The image shows a preview of the 'DENTAL HISTORY' form. It is a structured questionnaire with multiple sections, each containing a list of questions to be answered with 'Yes', 'No', or 'I don't know'. The sections include:

- Patient Information:** Name, Address, Phone, Email, Date of Birth, Sex, Race, Ethnicity, and Insurance.
- Medical History:** Questions about current and past medical conditions, medications, allergies, and recent hospitalizations.
- Dental History:** Questions about dental visits, previous treatments, and oral hygiene habits.
- Oral Examination:** Questions about current oral health, pain, and functional issues.
- General Health:** Questions about overall health, stress, and lifestyle factors.
- Smoking History:** Questions about current and past smoking habits.
- Alcohol Consumption:** Questions about alcohol intake and related health issues.
- Medication Use:** Questions about the use of various medications, including over-the-counter drugs.
- Oral Care Habits:** Questions about brushing, flossing, and other oral hygiene practices.
- Functional Issues:** Questions about chewing, swallowing, and speech.
- Psychological Factors:** Questions about anxiety, depression, and other mental health concerns.
- Systemic Health:** Questions about conditions like diabetes, heart disease, and autoimmune disorders.
- Genetic History:** Questions about family history of dental and medical conditions.
- Previous Treatments:** Questions about previous dental procedures and their outcomes.
- Current Concerns:** Questions about the patient's current dental needs and expectations.

COURSES: 103 & 153

In [Course 103: Treatment Planning](#), Dr. John C. Kois, Director of the Kois Center explains the Diagnostically Driven Treatment Planning concept. The move from single tooth dentistry to comprehensive care requires a great understanding of risk factors and the ability to manage them effectively. The comprehensive examination—the initial patient engagement—focuses the clinician and patient on the variables most likely to ensure a predictable and excellent outcome.

In [Course 153: Functional Occlusion](#), Dr. Kois explains his philosophy of occlusal management incorporates diverse concepts and scientifically supported facts to supply successful, predictable, repeatable outcomes for both simple and complex restorative cases. Understanding and managing functional occlusion is essential to the long-term stability of restorative dentistry. Functional Occlusion will provide you with a practical understanding of the masticatory system and teach you to utilize your laboratory technicians, office team, innovative technology, and the dental articulator to predictably manage occlusion. You will be introduced to accessible methods which are scientifically researched, evidence-based and clinically proven.

DENTAL HISTORY

Patient Name _____ Nickname _____ Age _____
Referred by _____ How would you rate the condition of your mouth? Excellent Good Fair Poor
Previous Dentist _____ How long have you been a patient? _____ Months/Years
Date of most recent dental exam ____/____/____ Date of most recent x-rays ____/____/____
Date of most recent treatment (other than a cleaning) ____/____/____
I routinely see my dentist every 3 mo. 4 mo. 6 mo. 12 mo. Not routinely

WHAT IS YOUR IMMEDIATE CONCERN? _____

PLEASE ANSWER YES OR NO TO THE FOLLOWING:

PERSONAL HISTORY



YES NO

1. Are you fearful of dental treatment? How fearful, on a scale of 1 (least) to 10 (most) [____] _____
2. Have you had an unfavorable dental experience? _____
3. Have you ever had complications from past dental treatment? _____
4. Have you ever had trouble getting numb or had any reactions to local anesthetic? _____
5. Did you ever have braces, orthodontic treatment or had your bite adjusted, and at what age? _____
6. Have you had any teeth removed, missing teeth that never developed or lost teeth due to injury or facial trauma? _____

GUM AND BONE



YES NO

7. Do your gums bleed sometimes or are they ever painful when brushing or flossing? _____
8. Have you ever been treated for gum disease, had scaling and root planing, or been told you have lost bone around your teeth? _____
9. Have you ever noticed an unpleasant taste or odor in your mouth? _____
10. Is there anyone with a history of periodontal disease in your family? _____
11. Have you ever experienced gum recession, or can you see more of the roots of your teeth? _____
12. Have you ever had any teeth become loose on their own (without an injury), or do you have difficulty eating an apple? _____
13. Have you experienced a burning or painful sensation in your mouth not related to your teeth? _____

TOOTH STRUCTURE



YES NO

14. Have you had any cavities within the past 3 years? _____
15. Does the amount of saliva in your mouth seem too little or do you have difficulty swallowing any food? _____
16. Do you feel or notice any holes (i.e. pitting, craters) on the biting surface of your teeth? _____
17. Are any teeth sensitive to hot, cold, biting, sweets, or do you avoid brushing any part of your mouth? _____
18. Do you have grooves or notches on your teeth near the gum line? _____
19. Have you ever broken teeth, chipped teeth, or had a toothache or cracked filling? _____
20. Do you frequently get food caught between any teeth? _____

BITE AND JAW JOINT



YES NO

21. Do you have problems with your jaw joint? (pain, sounds, limited opening, locking, popping) _____
22. Do you feel like your lower jaw is being pushed back when you try to bite your back teeth together? _____
23. Do you avoid or have difficulty chewing gum, carrots, nuts, bagels, baguettes, protein bars, or other hard, dry foods? _____
24. In the past 5 years, have your teeth changed (become shorter, thinner, or worn) or has your bite changed? _____
25. Are your teeth becoming more crooked, crowded, or overlapped? _____
26. Are your teeth developing spaces or becoming more loose? _____
27. Do you have trouble finding your bite, or need to squeeze, tap your teeth together, or shift your jaw to make your teeth fit together? _____
28. Do you place your tongue between your teeth or close your teeth against your tongue? _____
29. Do you chew ice, bite your nails, use your teeth to hold objects, or have any other oral habits? _____
30. Do you clench or grind your teeth together in the daytime or make them sore? _____
31. Do you have any problems with sleep (i.e. restlessness or teeth grinding), wake up with a headache or an awareness of your teeth? _____
32. Do you wear or have you ever worn a bite appliance? _____

SMILE CHARACTERISTICS



YES NO

33. Is there anything about the appearance of your mouth (smile, lips, teeth, gums) that you would like to change (shape, color, size, display)? _____
34. Have you ever bleached (whitened) your teeth? _____
35. Have you felt uncomfortable or self conscious about the appearance of your teeth? _____
36. Have you been disappointed with the appearance of previous dental work? _____

Patient's Signature _____ Date _____

Doctor's Signature _____ Date _____

WHAT IS THE KOIS CENTER?

The KoIs Center is a didactic and clinical program, featuring a comprehensive curriculum of nine courses. At the KoIs Center, we strive to use the latest advances in esthetics, implants and restorative dentistry. Adjunct courses are also offered, which complement the KoIs Center curriculum. All courses are based upon Dr. John C. KoIs' mission statement:

"Enabling motivated dentists to achieve extraordinary levels, expanding knowledge and application skills in restorative dentistry."

Approved Continuing Education Credits include:

- AGD Pace Certified
- ADA CERP
- AACD PESA Member

WHAT MAKES THE KOIS CENTER UNIQUE?

The curriculum is taught almost exclusively by Dr. John C. KoIs, using the KoIs Research Center research. The KoIs Center is the only continuing education program in the country conducting and publishing independent research. Every course is updated each year based on new scientific evidence. Some of our courses, like Biomechanics I & II, are based solely on our own research.

The KoIs Center uses the best and most current technology to facilitate and support the learning environment including: computer animation, live video demonstrations, video cameras with simultaneous multiple input feeds, high tech dental office and laboratory interface with our conference room.

We have small class sizes of up to 37 students, as well as guidance and assistance during courses from Mentors and the Clinical Instructor. These individuals provide a supportive and highly interactive learning environment both before, during, and after the course. Once students complete the KoIs Center curriculum they become a Graduate of the Center and are invited to attend the Annual Symposium. The Annual Symposium is an opportunity to network with KoIs Center Graduates and their families, in addition to learning about the latest updates to the curriculum.

The KoIs Center is a self-funded learning center. We do not accept sponsorship funding and are not swayed by the agenda or message of sponsors.

WHO ATTENDS THE KOIS CENTER?

Attendance is open to all dental professionals including: general dentists, specialists, laboratory technicians, and dental staff. Those who find the KoIs Center to be the best "fit" for them often have the following characteristics in common:

- Value being at the forefront of solid, scientific evidence
- Appreciate a small, personal classroom atmosphere where participation is encouraged
- Desire to participate and collaborate with other dental professionals
- Desire to become involved in providing more comprehensive care for patients

Strive to be excellent



Course Overview

Director John C. KoIs, DMD, MSD



103 – Treatment Planning

Course Description

This Treatment Planning Course is a unique program designed to empower and enlighten every participant and inspire confidence in diagnosis and treatment planning with predictable outcomes. Starting with “why,” Dr. KoIs builds a philosophy and systems that incorporate what you may already know, then develops, through research, evidence, and proven clinical techniques, the Diagnostically Driven Treatment Planning concept. Be prepared to confidently implement the skills and concepts for predictable management of patients immediately following the course.

The move from single tooth dentistry to comprehensive care requires a great understanding of risk factors and the ability to manage them effectively. The comprehensive examination—the initial patient engagement—focuses the clinician and patient on the variables most likely to ensure a predictable and excellent outcome. The comprehensive examination will be carefully examined to help you understand its most diagnostically useful elements, including an insightful look at the medical and dental history, how to better account for patient’s agendas and expectations, intelligent use of radiographic and photographic documentation, and periodontal, biomechanical, functional and dentofacial presentations. These keys to decision-making are presenting in this Treatment Planning Course and set the stage for both the immediate issues and a more long-term focus on predictable treatment outcomes.

Course Objectives

- Learn to comprehensively evaluate patients through simplified, systematic documentation.
- Learn to evaluate by a risk assessment protocol, and triage the four major diagnostic parameters that effect and define success in treatment outcomes.
- Learn to transfer treatment planning techniques to case presentation that leads to patient acceptance.
- Learn how to incorporate a comprehensive examination and systematic treatment planning into your patient care.
- Learn why Dr. KoIs’ treatment planning system and simplified diagnostic opinion can build your knowledge base dramatically and increase confidence in your ability.
- Learn how to recognize, assess and account for risk using a protocol that evaluates periodontal, biomechanical, functional and dentofacial issues.
- Learn how to transfer the four diagnostic parameters into treatment plans and sequences that will minimize risk and maximize long-term success.
- Learn how to engage the patient in understanding their condition so they may participate more fully in their own care.

153 – Functional Occlusion

Course Description

Understanding and managing functional occlusion is essential to the long-term stability of restorative dentistry. Successful occlusal management must incorporate a range of important considerations, from force management to laboratory and articulator management, to patient psychology, neurology and pharmacology. With the myriad of opinions and approaches that exist within the dental profession, managing occlusion can be a daunting responsibility.

Dr. KoIs’ philosophy of occlusal management incorporates diverse concepts and scientifically supported facts to supply successful, predictable, repeatable outcomes for both simple and complex restorative cases.

This course will provide you with a practical understanding of the masticatory system and teach you to utilize your laboratory technicians, office team, innovative technology and the dental articulator to predictably manage occlusion. You will be introduced to accessible methods which are scientifically researched, evidence-based and clinically proven.

Course Objectives

- Gain a clear understanding of Maximum Intercuspal Position, Centric Relation and Centric Occlusion.
- Learn to ask key questions related to Occlusion in the Dental History form and how to interpret the answers.
- Learn a classification and risk assessment system of normal and abnormal attrition of teeth, including: Acceptable Function, Frictional Chewing Pattern, Constricted Chewing Pattern, Occlusal Dysfunction, Parafunction, and Neurological Disorder.
- Learn how and when to use the KoIs Deprogrammer and other centric relation recording devices. You will work with your fellow participants to fabricate, deliver and experience your own KoIs Deprogrammer.
- Learn how to mount models on the Panadent articulator using the KoIs Dento-Facial Analyzer and to incorporate improved refinements on traditional methods.
- Understand a new, simplified terminology for occlusal management.

165 – Treatment Planning & Functional Occlusion

Course Description

This course is the week long combination of course 103 & 153: Treatment Planning and Functional Occlusion.





173 – Managing the Restorative/Periodontal Interface

Course Description

In Restorative/Periodontal Interface, Dr. KoIs presents the biology, behavior and interaction of bone, ligament, tooth structure and gingiva. He provides scientifically based clinical guidelines which allow you to readily predict and manipulate the gingival margin position.

Implementing the principles in this course will greatly enhance your efficiency and accuracy when faced with important tissue management challenges. You will gain confidence in both cosmetic and restorative outcomes. Acclaimed Clinical Instructor, Dr. Betsy Bakeman, will present a hands-on surgical instrumentation segment during this course.

Course Objectives

- Understand surgical and orthodontic concerns.
- Learn to coordinate therapy as it relates to the restorative/periodontal interface.
- Understand the metrics and anatomy of the dentogingival complex.
- Learn cervical limitations or enhancements to consider during tooth preparation.
- Learn pontic site and ridge management for prosthetics.
- Minimize and predict surgical defects when extracting teeth.
- Learn how bone and tooth structure can be favorably altered for restorative dentistry.
- Learn to manage biologic width, gingival margins, and contours.
- Learn how to perform esthetic crown lengthening.
- Determine acceptable compromises.

246 – Managing the Restorative/Periodontal Interface & Advanced Functional Occlusion

Course Description

This course is the 6-day combination of course 173: Managing the Restorative/Periodontal Interface and 303: Advanced Functional Occlusion.

255 – Biomechanics

Course Description

In Biomechanics, Dr. KoIs shares independent research and evidence based guidelines to understand caries detection, removal and prevention; the modes and etiology of tooth structure loss; tooth preparation and design principles utilizing proven dental materials and specific protocols for their use and important laboratory protocols to achieve predictable results.

This five day, comprehensive course will give you the power to make educated decisions about materials options and their specific protocols. You will understand how and when to utilize effective caries management regimens in challenging situations, and you will gain great clarity in making clinical decisions about when to restore and retain individual teeth, and when to remove them.

Course Objectives

- Learn how to assess biomechanical risk and prognosis.
- Learn metrics and principles for tooth preparation and design.
- Learn when to use direct vs. indirect restorations.
- Understand when to use cohesively vs. adhesively retained restorations.
- Learn laboratory and clinical protocols for adhesively and cohesively retained restorations.
- Understand why and when restorative failures occur and how you can use that information to increase your success rate.

275 – Implants Fixed & Removable

Course Description

As implants become an increasingly common part of comprehensive patient care, the restorative dentist needs ample knowledge of both fixed and removable implant options. Due to the significant cost of implant based dentistry, patient expectations are high. Dentists must understand the science, engineering and application of implantology to keep pace with this constantly evolving field.

During this five-day Implant course, Dr. KoIs will guide you through a step-by-step approach to achieve predictable success in restoring the challenging edentulous and partially edentulous patient. Diagnosis and risk assessment, as always, are considered as they relate to patient health, restorative selection and treatment protocols. You will gain a thorough knowledge of case and material selection, site and structure selection, sequencing of cases, impressions, jaw relation records, using attachments, cementation protocols and even evaluating failures.

This Implants Course will impart confidence in your ability to assess esthetic and functional factors unique to the edentulous and partially edentulous patient, while understanding the risk factors that may affect your treatment outcomes. You will gain the ability to effectively plan and execute comprehensive implant-based restorative treatment.

Course Objectives

- Learn to integrate treatment planning parameters such as biomechanical considerations, number of remaining teeth, number and spacing of implants, hard and soft tissue considerations and peri-implant esthetics to create a recipe for success in managing tooth replacement with implants.
- Improve referral communication in managing the treatment planning, placement and restoration of implants.
- Improve clinical management of fixed implant restorative cases.
- Learn to comprehensively evaluate patients, incorporating factors unique to the edentulous and partially edentulous patient.
- Learn to evaluate and include treatment options, including implants, which serve to enhance success.
- Learn simplified, accurate and logical systems for the predictable fabrication of removable restorations.
- Learn to incorporate occlusal concepts and maxillofacial considerations which improve function and esthetics.
- Understand how to assess and manage risk based on medical and dental conditions, incorporating factors unique to edentulous and partially edentulous patients to minimize loss of implant integration.
- Learn to choose effectively from the array of prosthetic options, sequence treatment, and improve communications with your specialists.
- Learn to incorporate occlusal concepts and maxillofacial considerations in implant restorative care.





303 – Advanced Functional Occlusion

Course Description

Understanding the biologic principles involved in developing a functional occlusion is vital to achieving predictable long-term restorative success. Traditionally, occlusion courses have centered on condylar position, muscle tension and gnathologic concepts such as canine guidance and mutual protection. The interpretations of these different schools of occlusion can be challenging to navigate.

Dr. KoIs brings clarity to the similarities and the differences between the various occlusal philosophies while expanding on the concepts introduced in 153 Functional Occlusion, including TMJ disorders and their management. He presents evidenced-based studies which redefine the options available for occlusal treatment.

The new paradigms presented in 303 Advanced Functional Occlusion will empower you to treat your patient's restorative needs predictably and successfully and enable you to assess TMJ health and know the boundaries of your treatment options.

Course Objectives

- Obtain a greater understanding of when tooth position vs. muscle position vs. condylar position should be used to establish the occlusal starting point for a restorative case.
- Learn how the horizontal and vertical components of occlusion can be combined with dentofacial parameters to optimize function and esthetics.
- Learn multiple techniques to obtain centric relation as a restorative reference position.
- Identify and categorize TMJ disorders into diagnostic subgroups and implement a treatment plan appropriate to the severity of the clinical findings.
- Understand the importance of joint stability and the sequencing of occlusal therapy for patients with TMD.
- Learn which lab records are required for cross mounting casts for complex cases and full-mouth rehabilitation.
- Learn new techniques, technologies, and materials to stage and segment complex cases.
- Learn the objectives of equilibration, and practice them through hands-on learning.

403 – Advanced Treatment Planning

Course Description

Advanced Treatment Planning is the capstone of the KoIs Center curriculum. This course assimilates the broad knowledge base learned in the previous eight courses and enables you to gain a deep, practical understanding of Dr. KoIs' concepts and protocols.

Participation is a key factor in Advanced Treatment Planning. With the help of your assigned Clinical Instructor, you will present your own fully documented case. Dr. KoIs leads the discussion of your clinical documentation in a supportive, step-by-step analysis which enhances effective communication and builds comprehensive treatment planning skills.

Advanced Treatment Planning is the philosophical and didactic culmination of all that is taught at the KoIs Center. This course will give you the opportunity to fully grasp the paradigm shift unique to Dr. KoIs' teaching.

Course Objectives

- Greatly increase confidence in your approach to simple and complex cases.
- Expand your ability to comprehensively evaluate patients through simplified, systematic documentation.
- Deepen your understanding of risk evaluation to achieve high levels of predictability.
- Enhance your ability to move from the treatment planning process to executing treatment in the most efficient successful way possible.
- Learn how to be the "quarterback" of the treatment process and work successfully with one to many specialists.
- Learn how to sequence complex cases over extended treatment times, helping patients achieve their long term goals.

